Hi everyone,

This morning my radio alarm clock woke me up with the words to a Casting Crowns song that goes like this, "Let my life song sing to you..." As my eyes came open, I immediately thought of Psalm 101:1, "I will sing of lovingkindness and justice, to Thee O Lord I will sing praises." See I like you have been memorizing that verse this last week. It was a great way to start my morning, to remind me yet again that it is right to worship the Lord by my very life singing a song to Him. This week we move on to verse 2 and find another way to offer Him worship that is good and pleasing.

In the NASB Psalm 101:2 reads,

"I will give heed to the blameless way.

When wilt Thou come to me?

I will walk within my house in the integrity of my heart."

This verse is really divided into three thoughts so we will just work our way through them like that. First of all it says, "I will give heed to the blameless way." What does it mean to give heed? When I hear that word, I always think of a yellow light. As a child I was taught red means stop, green means go and yellow means slow down. In a car we slow down or take heed to make sure that we still have space to travel safely through an intersection. Near my house is a very highly trafficked intersection. Recently they installed a camera that takes pictures of cars going through yellow lights. If the camera captures an image of you running a yellow light, the city will send you a ticket. I must admit, since that camera was installed, I take heed of yellow lights much more carefully now!

Well in life we also come to intersections... places where we have to make a choice, places where we need to slow down and take note of and pay attention to how we should travel. David, the writer of this Psalm, is saying that he is going to slow down and take notice of the "blameless way." What does that mean? After studying the Hebrew word for "blameless" I determined it means what is completely in one accord with Truth. See our lives are so accustomed to just barreling ahead in our own way that we often do not take the time to stop and carefully consider what it looks like to walk in Truth at every intersection. As I read this, I hear David saying, "I am going to do that in my life. I am going to worship God by being careful to walk in His Truth."

We are going to skip to the last statement and then come back to the middle one. So David says, "I will walk within my house in the integrity of my heart." He is basically saying the same thing as he said at first... that he will be a person who is careful to walk in the right way. However he clarifies something else as well. He says where he is going to do this, "in my house." I like how the Message Bible puts it, "I am doing it at home where it counts." See many people will walk in the right way, the way of integrity and Truth as others are watching them, but what about at home? David takes his worship a step further than public, he says, "In private, behind the doors of my house where no one else can see, I will walk in Truth." I think this is because David knows that He serves a God who sees everything. He knows that the One who matters most is always aware of him. And David has determined that he will live in integrity before Him. In public. In private. Always.

Now let's look at the other statement, or I should say question, "When wilt Thou come to Me?" At first I really didn't get this. It didn't seem to fit. But the more I meditated with the Holy Spirit upon it, I began to gain some understanding. In my own life, I too have surrendered to living a life of integrity, in public and private. Am I always successful? No. But that is my heart's desire.

In my endeavor, I have learned it costs a lot to live in Truth. It certainly costs Jesus His life and it requires a daily sacrifice from believers who make a commitment to live this way. Here is what I have found. It isn't worth it without the Lord's presence. It's just not. His sweet presence is one of the greatest rewards of a life lived in Truth. David longs for that. I long for that. What about you?

A life lived in Truth in the presence of the Lord is a beautiful life. It is just right to worship in this way!