

MARCH 17

Communion is...

Communion is vision. As I commune with Jesus, He gives me vision for the LIFE He died to give me.

Read Matthew 26:36-45

I know we have been in this section for multiple days, but there is so much to ponder here. So settle in, for we will be here still yet for a while...

As our familiarity with this section grows, we are well aware that the disciples fell asleep during Jesus' greatest time of need, making sure that they would not be nominated as candidates for the most attentive friends award. However, within the details of their slumber, I believe the Lord would like to speak some things into our hearts...

For today we will focus on verse 43 which reads, "And again He came and found them sleeping for their eyes were heavy." This reveals why they were sleeping... their eyes were heavy.

Earlier, Jesus had asked them to **"watch and pray"** ... more on that in the future. But today let's consider, why they were not able to watch and pray and why they fell asleep... because their eyes were heavy.

You know that feeling... when your eyes are heavy... you start nodding off... even if you want to stay awake, you can't, because your eyes feel like weights. Eventually you give into their heaviness, and the snoring begins.

We are all familiar with this feeling and as such, I believe the Lord wants to speak to our own heavy eyes. See as His disciples, He has also encouraged us to watch and pray after His affairs, His ways, His plans and His purposes... **BUT our eyes can get heavy.** Heavy with things like materialism, selfishness, offense, greed, criticism, idolatry, the opinions of others and more. We may have never fallen physically asleep on Jesus, but I believe we must each ask ourselves, **"Are my eyes so heavy with the things of this world, that I can't stay awake to Him?"**

It is a question we should ask ourselves as we hear Him rousing us awake each day to all that He wants to do in our lives. And what better place to ask than at the communion table where we know that His grace and forgiveness flows.

Prayer Conversation Starter...

Jesus, are my eyes heavy? I want to be awake to You! Clear my vision and help me to watch and pray according to Your plans and purposes...



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