



### October 25, 2011 - Psalm 27:5

Hi Everyone,

As fall has come, depending upon where you live, the days are probably getting cooler. Perhaps you are like me; chilly mornings make it much more difficult to get out of bed. I'd rather stay in the warm comfort than expose myself to that cold air. I'd rather just stay put. I'd rather hide under the covers. As we move to verse 5 this week, David is going to tell us about his hiding place... let's see what he says.

In the NASB Psalm 27:5 reads:

**"For in the day of trouble He will conceal me in His tabernacle;  
in the secret place of His tent He will hide me;  
He will lift me up on a rock"**

Have you ever felt exposed? I am not talking about getting out of your warm bed in the morning... I am talking about life. Sometimes life just leaves us at risk to all kinds of things. Exposed. Vulnerable. Dangered. This can happen in all kinds of situations. Maybe we've been hurt and we feel like a sitting target for more and more hurt. Maybe our sin pattern has been revealed and we feel all kinds of shame. Maybe something has threatened our well being... sickness or financial trouble or crisis, and we feel like life will never be the same. Maybe we are feeling these things today or feeling the pain of some other kind of experience that has left us exposed and vulnerable.

When exposed, usually our first thought is to run for protection. We need to find a place to hide. We need to find a place where danger cannot reach us; a place of rest, strength, security and peace.

When I was in my early twenties and dealing with depression, my bed was that place for me. In

the mornings as the day called for me to get up and face it, I crawled back into my hiding place... into my bed to sleep. But the truth is, that was a false cover for me... no pun intended. I couldn't hide under the covers on my bed and sleep away my troubles. As people, we will naturally seek cover when we feel exposed. I sought it in sleep and sometimes in the comfort of food. Others may turn to alcohol, drugs, busyness, people pleasing, hobbies... we could go on and on. The truth is, the Lord is our only true hiding place. Our verse this week says it well, **"For in the day of trouble He will conceal me in His tabernacle; in the secret place of His tent He will hide me..."**

It has taken me years to learn what this means and what it looks like in everyday life. To know that when I am exposed to trouble, God will hide me! I don't have to seek out my own hiding place. Honestly, I am still learning this lesson. There are days I still want to hide under the covers... and it isn't because the mornings are getting cooler. It's usually because life has left me feeling way too vulnerable to its dangers.

But here is what I have learned as I have allowed God to hide me in Him. He does exactly what this verse says, **"He will lift me up on a rock."** See, I may enter His hiding place down and insecure, but He will use His strong arms to lift me up and place me in a firm place, on the Rock. I believe that Rock is Jesus... He alone is our true security.

How does He do that? Honestly, I am still learning about that too, but I will share what I know and what I have experienced. When I allow the Lord to hide me instead of searching for my own cover, He gets me in His presence and speaks Truth to me. He soothes me with His words, with His perspective and with His hope. These very things lift me up and I find myself standing on a higher place, a place that feels secure and steady; a place where I can catch my breath and remember that in Christ, the Rock on which I stand, everything is held together and in Him I live and move and have my being. (Colossians 1:17 and Acts 17:28)

Waiting upon the Lord is looking up to Him with expectant hope... Today was one of those days I wanted to hide in my bed, but the living, active Word of God in Psalms 27:5 called me to look up to the Lord and allow Him to take me to a much better hiding place. I am so glad I listened. Maybe that is why David told us in verse 4 that he wanted to stay in God's hiding place all the days of his life... it's just the best place to be!



**If you are just joining us in this memorization project...welcome! The weekly devotions for the previous verses are available on our website by clicking on "A Year of Psalms" on the home page.**

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