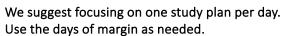


# PSALM 119:145-152 SECTION 19 STUDY PLAN

During this 2-week period, complete the 10 study plans below.





## Day 1

**MEET...** with God through prayer.

**MEDITATE...** Read Psalm 119:145-152 in the NASB. Read Psalm 119:145-152 in at least two other versions of Scripture. Make notes about word variations that catch your attention. Then journal any first impressions of Section 19. **MEMORIZE...** Select which verses in this section you will memorize during this 2-week period. Get started.

# Day 2

**MEET...** with God through prayer.

**MEDITATE...** Copy Psalm 119:145-152 in the NASB on the left side of your paper. Then, on the right-hand side, beside your copy of the NASB, copy Psalm 119:145-152 from another version of choice. Underline words that seem powerful to you in either version, and then journal thoughts and impressions as you compare the different ways they are expressed. **MEMORIZE...** Review. Add. Review. AND... also take time to review what you memorized in earlier Sections.

Day 3

MEET... with God through prayer.

**MEDITATE...** Read through Psalm 119:145-152 and write down every statement which includes one of the variation titles of God's Word (ex. Verse 146 – "I shall keep Your testimonies...") After doing so, in light of what these titles mean (see Psalm 119 Glossary), consider the distinctions of these statements and journal your thoughts and impressions.

MEMORIZE... Review. Add. Review.

#### Note:

Section 19 is all about crying out to God and that will be the focus of our meditation in this section.

## Day 4

**MEET...** with God through prayer.

**MEDITATE...** Read Psalm 119:145-148 in the NASB and as many other versions as desired, and then copy one of them. After copying, meditate on the David's cry to the Lord by journaling about the following questions: What was the intensity of David's cry? What was he crying for? When did he cry? Making it personal... have you ever been desperate for God to help? What was the intensity of your cry? What were you crying for? And when did you cry?

MEMORIZE... Review. Add. Review. AND... remember to review earlier Sections as well.

# Day 5

MEET... with God through prayer.

**MEDITATE...** Read Psalm 119:145-152 in the NASB and as many other versions as desired, and then journal about the reasons we see David crying out to God in this section by answering the following: List all the reasons expressed in this section as to why David cried out to God. Personally... do you cry out to God for the same reasons? And what things are you crying out to God about now?

MEMORIZE... Review. Add. Review.

### Day 6

MEET... with God through prayer.

**MEDITATE...** Read and copy Psalm 119:146-149 in the NASB and then journal about David's expectations of God by journaling about the following: List all of David's expectations of God as he cried out to Him that you can find in verses 146-149. Zoom in on verse 149... why was David confident that God would hear him when he cried? When we cry out to God, should our expectation and confidence be *"according to"* something in us, or something in God? David's cries to God in this section were according to God's *"lovingkindness"* and His *"ordinances."* When we cry out to God, on what

other things can we base our expectations in Him. Answer that by filling in this blank as many times as you can "according to"
MEMORIZE Review. Add. Review. AND remember to review earlier Sections as well.
Day 7 MEET with God through prayer.
MEDITATE Read and Copy Psalm 119:152 in the NASB and at least three other versions. Make notes as things impact you. Then journal your thoughts regarding the following questions: How long have you known that God's Word is true forever? What convinced you? When you are in a season/moment of crying out to God, why it is important to know this? MEMORIZE Review. Add. Review. AND just a reminder, the earlier Sections need review too.
<u>Day 8</u>
MEET with God through prayer.  MEDITATE Watch the video we've titled, Psalm 119:145-152, AAB Section 19, taking notes as you do. After watching, give this section a title.
MEMORIZE Review. Add. Review.
Day 9  MEET with God through prayer.  MEDITATE Using the four steps shared during Introduction Week about praying Scripture, pray through this Section, Psalm 119:145-152 for yourself.  MEMORIZE Review. Add. Review.
Day 10 MEET with God through prayer. MEDITATE Using the four steps shared during Introduction Week about praying Scripture, pray through this Section, Psalm 119:145-152 for a family member or friend. MEMORIZE Review. Share the verses you have memorized in some way.
*Extra Suggestion for Study of Psalm 119  REVIEW Section 8 and revisit the things God showed you through your meditation of it. Would you still give it the same title? Why?
Notes

